A Survivor’s Lens

BY SHEILA MARIE JOHNSON

My mom would always tell me “God is in control.” I never understood that until my diagnosis of Stage IV/Metastatic Breast Cancer (MBC) 12 years ago. I was terrified after learning that the average life expectancy of an MBC patient is only 3-5 years. I wanted to rush the process, rush God, and rush my healing. MBC is treatable but not curable. God placed it on my heart to share my story, but first I needed to be in an emotionally healthy place. A Survivor’s Lens will walk you through my upbringing of coming from a loving family, my military service of 25 years, and my MBC journey. You will learn that all is not lost when diagnosed with any type of breast cancer. You can continue to live, thrive, and trust in God’s agape love. After my story, there is a 30-day faith journal to help you flush out your thoughts and emotions as you move through your own cancer experience. You will be able to lock back and see how far God has brought you. God will never leave or forsake you.
Evolving Soul

BY TAMEKA JOHNSON

The ability to evolve is one of the greatest gifts of humankind. It is the magic of developing from one level to the next, from one state of being to another, from realm to realm. But how can you evolve when your life is falling apart - when the best things about life are slipping away? The power of evolving is that it is an inner transformation and can occur in even the most tragic circumstances. Though we may start as something simple, we can grow to something that is complex in depth and beauty.

The Hustle Journey

BY EBONEY THOMPSON

Nobody ever said life would be easy, but no one could have ever prepared me for this. On December 28th I entered the hospital with shortness of breath and came out with a diagnosis of Metastasized Breast Cancer that had spread to my lungs. Definitely not what I expected. Join me on my journey as I go RISING entrepreneur to fighting the battle of my life in more ways than one.